



Curriculum Intent and Implementation

Core Physical Education Department Intent

Core Physical Education at Bishop Walsh Catholic School aims to provide a curriculum which is centred on developing pupils' knowledge and skills necessary for the development of their physical, social and emotional wellbeing now and in their future. Pupils are given opportunities to develop competencies to excel in a broad and balanced range of physical activities. In lessons, pupils are physically active for sustained periods of time; engage in competitive sporting activities, as well as provided with a provision to lead healthy and active lifestyles in and outside of Bishop Walsh Catholic School.

Daily/weekly review:

Practical starter activities provide pupils with an opportunity to retrieve previous learning and build new learning. Through formative teacher and peer feedback, pupils are made aware of their progress and how they can move their learning forward.

Modelling:

Teachers will frequently use teacher and pupil demonstrations to model correct practical technique and application during a lesson. Pupils are often asked to model excellence which allows opportunity for pupils to analyse their own performance and the performance of others. Through demonstrations, all pupils develop a clear picture of what success looks like and how to achieve it.

Explanation and reading:

Physical Education is a vocabulary-rich subject where pupils will be taught specific terminology within a range of physical activities through the learning of: core and advanced skills; techniques; equipment used and specific rules within each activity taught.

Deliberate Practice:

Pupils are provided with opportunities to apply their declarative and procedural knowledge via practical application of the task, making errors, receiving feedback and improving skill execution in isolation and within conditioned games. Deliberate practice in lessons allows pupils time to develop physical competences as well as showcase their understanding and awareness of the rules, tactics and strategies.